



NOTICE OF RACE (NoR) & SAILING INSTRUCTIONS (SIs) Optimist, C420, ILCA 4 & ILCA 6 Classes

(Issued 5/4/23)

MARBLEHEAD JUNIOR RACE WEEK 2023
JULY 24-26, 2023

The organizing authority (OA) is the PLEON Yacht Club, supported by the Boston, Corinthian, Eastern and Manchester Yacht Clubs

NOTE: This NoR/SI is for Optimist, Club 420 and ILCA 4 and ILCA 6.

The notation '[NP]' means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Regulations and compliance requirements will be posted on the official notice board located at [The Clubspot MJRW event site](#) no later than 0900 July 10, 2023.
- 1.3 Life Jackets:
 - 1.3.1 RRS Rule 40 is changed as follows: competitors shall wear a US Coast Guard (USCG) approved life jacket, with whistle attached, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while launching boats, on the floats, and on the water, except for brief periods while adding or removing clothing. [DP]
 - 1.3.2 RRS 40 is further changed to require that life jackets shall have a whistle attached.

2 ELIGIBILITY & ENTRY

- 2.1 Competitors shall have reached their 8th birthday as of the event start date and not reach their 19th birthday as of December 31, 2023.
- 2.2 The regatta is open to the Club 420, Optimist, ILCA 4 and ILCA 6 Classes.
- 2.3 Divisions will be Club 420 Championship; Club 420 Green; Optimist Championship Red, White, and Blue; and Optimist Green, ILCA 4 and ILCA 6. Additional divisions may be added at the discretion of the OA.
- 2.4 The minimum number of entries for any class to receive a start is five (5) boats unless otherwise approved by the OA.
- 2.5 Competitors may enter the event by registering online at [The Clubspot MJRW event site](#)
- 2.6 To be considered an entry in the event, competitors shall complete all registration requirements, including all associated forms, and pay all fees.
- 2.7 Competitors must personally present themselves at registration check in to be scored in the regatta.
- 2.8 Online entry at [The Clubspot MJRW event site](#) is available until 7:00 pm, July 20, 2023.

- 2.9 In-person entries may be accepted Sunday, July 23 from 4:00pm to 7:00pm at the registration desk. No in-person entries will be accepted after 7:00pm, Sunday, July 23.
- 2.10 The following restrictions on the number of boats apply; however, the OA may choose to expand or contract the regatta's size based on health and safety conditions.
- Optimist Green: **80**
 - Optimist Championship: **80**
 - 420 Green: **80**
 - 420 Championship: **80**
 - ILCA 4: **40**
 - ILCA 6: **40**

3 FEES

- 3.1 Entry fees are as follows:
- 3.2 Entry Fee until July 10, 2023: \$140 per sailor
Late Entry Fee after July 10, 2023: \$160 per sailor
- 3.3 All entry fees are non-refundable on or after July 14, 2023.
- 3.4 All refunds are subject to a reasonable administrative fee covering non-refundable credit card, electronic waiver, and registration platform processing fees.
- 3.5 Breakfast and dinner will be provided daily (no dinner on July 26). One branded item will be provided per registrant.

4 VENUE

- 4.1 Racing will take place at designated racing areas for each fleet, located outside of Marblehead Harbor.
- 4.2 Addendum A shows the location of the racing areas.
- 4.3 Addendum B shows the plan of the on-land event venue.

5 COMMUNICATIONS

- 5.1 Notices to competitors will be posted on the official notice board located at [The Clubspot MJRW event site](#)
- 5.2 The race office is located at Pleon Yacht Club, 42 Foster Street, Marblehead, MA Tel: (781) 631-1076 email: jrw@pleon.org
- 5.3 Competitors are encouraged to send questions regarding the NoR/SIs via jrw@pleon.org (OA) before the event. Questions received and answers will be posted on the [official notice board](#) as soon as practical.
- 5.4 The OA may communicate via SMS (text) with competitors, coaches, and parents regarding event logistics as a courtesy. Failure to send or receive courtesy communications shall not be grounds for protest or redress.

- 5.5 Signals made ashore will be displayed on the Pleon Yacht Club yard arm.
- 5.6 When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes Race Signals.
- 5.7 Harbor Start will be signaled with a single, long audible signal at which time boats may begin to leave the Pleon dock or begin launching, as directed by event staff. Opti Green Fleet boats will have a later launching time.
- 5.8 On the water, the race committee intends to monitor and communicate with coaches and support boats via VHF radio on channel 72 and make announcements to competitors via bullhorn and/or electronic address system.
- 5.9 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a competitor shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

6 CODE OF CONDUCT

- 6.1 [The Marblehead Junior Race Week Code of Conduct](#) will apply.
- 6.2 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

7 CHANGES TO SAILING INSTRUCTIONS

- 7.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

8 SCHEDULE

- 8.1 Boat Drop Off: No boats may be dropped off on club grounds before 3PM Sunday, July 23, 2023.
- 8.2 Support boats and coach boats shall be launched from Riverhead Beach which is on the left as one approaches the causeway. There is sufficient water +/-3 hours on either side of high tide. Please plan ahead as there will be no launching or hauling from the Pleon ramp.
<https://www.usharbors.com/harbor/massachusetts/marblehead-ma/tides/?tide=2023-07#monthly-tide-chart>
- 8.3 Trailers may be stored in the marked area at Usher's lot, 101 Ocean Avenue, across from Riverhead Beach. No trailers may be stored on Eastern or PLEON Yacht Club grounds.

8.4	<u>Date</u>	<u>Time</u>	<u>Event</u>
	Sunday, July 23	1500-1900 1600-1900	Boat drop off Registration/Check-in at Pleon YC coaches and sailors
	Monday, July 24	0730-0900 1000 1200	Check-in at Pleon YC coaches and sailors Mandatory skipper's meeting followed by coach and safety meetings Harbor Start all fleets; delayed start for Opti Green
	Tuesday, July 25	0930 1015	Harbor Start ILCAs, C420, Optimist Championship Opti Green Skipper's Meeting Harbor Start Optimist Green Fleet
	Wednesday, July 26	0930 1015 1430	Harbor Start Lasers, C420, Optimist Championship Opti Green Skipper's Meeting Harbor Start Optimist Green Fleet No warning signal after this time

8.5 The Harbor Start will not be sounded before 9:30am on Tuesday (25th) or Wednesday (26th).

8.6 The warning signal for the first race each day will be made after all boats racing that day have completed official check-in at their starting area.

8.7 On the last day of scheduled racing, no warning signal will be made after 1430.

8.8 The Optimist Championship, C420 and ILCA fleets will sail as many races as practicable each day to a maximum of 12 races.

9 CLASS FLAGS

9.1 The class flags will be:

ILCA 6 – numeral pennant #3



ILCA 4 – numeral pennant #4



Club 420 - Class flag or numeral pennant #1

Club 420 Green - Class insignia on green or numeral pennant #2



Optimist Red/White/Blue - Class flag or numeral pennant #5



Optimist Green Fleet A (even sail numbers) - Yellow flag

Optimist Green Fleet B (odd sail numbers) - Purple flag

10 RACING AREA

10.1 The racing area locations are shown on Addendum A and described as follows:

10.1.1 Club 420 Line – seaward side of Marblehead Rock

10.1.2 Optimist Championship Line – Near Nun #2 NW of Children's Island

10.1.3 Optimist Green Line – Near Can #1MH, just outside Marblehead Harbor entrance

10.1.4 ILCA Line – seaward side of Children's Island

11 COURSES

11.1 The diagrams in Addendum C show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

12 MARKS

12.1 C420 Line turning marks will be yellow tetrahedrons.


12.2 Optimist Championship Line turning marks will be red tetrahedrons.

12.3 Optimist Green Line turning marks will be orange balls or inflated animal-shaped floating rings.

12.4 ILCA Line turning marks will be orange tetrahedrons.

13 THE START

13.1 Races will be started using RRS 26. A warning signal may be made in advance of the starting sequence.

13.2 The Club 420 Green fleet shall not use spinnakers if before the warning signal, the signal boat displays code flag 'D' 

13.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

13.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

13.5 A boat that does not start within five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

14 CHANGE OF THE NEXT LEG OF THE COURSE

14.1 Rule 33 is replaced with: To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

15 THE FINISH

15.1 The finishing line is between staffs displaying blue flags on race committee vessels or a staff displaying a blue flag and a finishing mark on the starboard end.

16 TIME LIMITS

16.1 If no boat has passed the first mark within 45 minutes of her start, the race will be abandoned.

Finishing window

- 16.2 16.2.1 420 - 20 minutes
- 16.2.2 ILCA - 20 minutes
- 16.2.3 Opti Championship - 20 minutes
- 16.2.4 Opti Green - 30 minutes

16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

17 PENALTY SYSTEM

- 17.1 RRS Appendix P applies.
- 17.2 RRS P2.2, P2.3, and P2.4 are deleted. This changes Appendix P.

18 SCORING

- 18.1 One (1) race will constitute a regatta for all classes.
- 18.2 When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- 18.3 When five (5) or more races have been completed, a boat's series score will be the total of her races scored excluding her worst score.
- 18.4 For the Optimist Championship fleet, overall fleet scoring will be used in determining red, blue, and white fleet positions. Those divisions for the purposes of scoring are defined as follows:

Optimist Championship Red	Ages 13-15 years
Optimist Championship Blue	Ages 11-12 years
Optimist Championship White	Ages 10 years and under

19 SAFETY

- 19.1 [DP] Prior to leaving the dock, a member of the crew of each boat shall check out by informing a Land Safety official before leaving shore or sailing away from the dock. Land safety officials will be stationed on the Pleon porch, beach, and dock.
- 19.2 [DP] All boats shall check in with the race committee signal boat before the start of her first race of the day by sailing past the stern of the signal boat on starboard tack, hailing their sail number and receiving acknowledgement.
- 19.3 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

- 19.4 [DP] A member of the crew of each boat must check in with a Land Safety official upon her return and before the end of the protest time limit. The Land Safety station will be located on the Pleon porch.
- 19.5 [DP] Bowlines: Optimists and Club 420s must follow their class rules regarding proper bowlines.
- 19.6 [DP] ILCAs must carry a separate 20-foot minimum length bowline suitable for towing.

20 HEARING REQUESTS

- 20.1 The protest time limit for all classes on a line starts 60 minutes after the last boat racing on that line finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 20.2 Hearing request forms; available at the check-in desk.
- 20.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at The Pleon Clubhouse beginning at the time posted on the official virtual notice board.

21 REPLACEMENT OF CREW

- 21.1 [DP] Substitution of competitors is not allowed without prior written approval of the Organizing Authority. Competitors must make the request via email at jrw@pleon.org or in person at the race office.

22 OFFICIAL VESSELS

- 22.1 Official vessels will be identified as follows:
Race Committee – Blue 'RC' flag
Judges – Flag with 'JUDGES' or code flag 'J'
Water Safety – Orange flag with 'S' or White numbered flag
Coaches – White numbered flag
Medical Boat – White flag with a blue cross

23 [DP] COACHING AND SUPPORT BOATS

- 23.1 Coaches are required to complete the coach registration for this event through the same registration system as the competitors at [The Clubspot MJRW event site](#). There is no fee for coach registration.
- 23.2 Support boats and coach boats shall register with On-Water Safety at the information tent located across from Pleon Yacht Club and display issued flags when operating near the race areas.
- 23.3 Coaches and other support boats shall stay outside the Field of Play from the time of the warning signal for the first warning for the first start, until all boats have finished or retired, or the race committee signals a postponement, general recall, or abandonment.
- 23.4 The Field of Play is defined as:

- 23.4.1 The race course, with consideration for tacking and gybing angles in the prevailing conditions.
- 23.4.2 A 50-foot buffer zone surrounding the race course including all marks of the course and starting and finishing lines.
- 23.4.3 Coaches, support, and spectator boats shall monitor VHF Channel 72.

23.4.4 WHEN ON THE WATER, ALL SUPPORT PERSONS MUST HAVE INSTALLED AND USE AT ALL TIMES AN ENGINE CUT-OFF SWITCH (ECOS). IF THEIR BOAT IS LESS THAN 26 FEET IN LENGTH. IF THE BOAT'S PRIMARY HELM IS INSIDE AN ENCLOSED CABIN THIS RULE SHALL NOT APPLY.

24 TRASH DISPOSAL

- 24.1 [DP] This event is designated as a CLEAN REGATTA by the Sailors for the Sea Organization. By entering, all competitors shall abide by [CLEAN REGATTA "Best Practices"](#).

25 BERTHING & LAUNCHING

- 25.1 [DP] Each boat will be assigned a specific berthing area for storage, rigging and de-rigging. Boats shall be kept in their assigned places for the duration of the regatta.
- 25.2 Launching for Harbor Start will be organized by berthing group each day.

26 PRIZES

- 26.1 Prizes will be given for first through third places for all fleets including Optimist Championship white, blue and red.
- 26.2 Additional prizes may be awarded based on fleet size, acts of sportsmanship or any other factors the OA determines worthy of recognition.

27 RISK STATEMENT

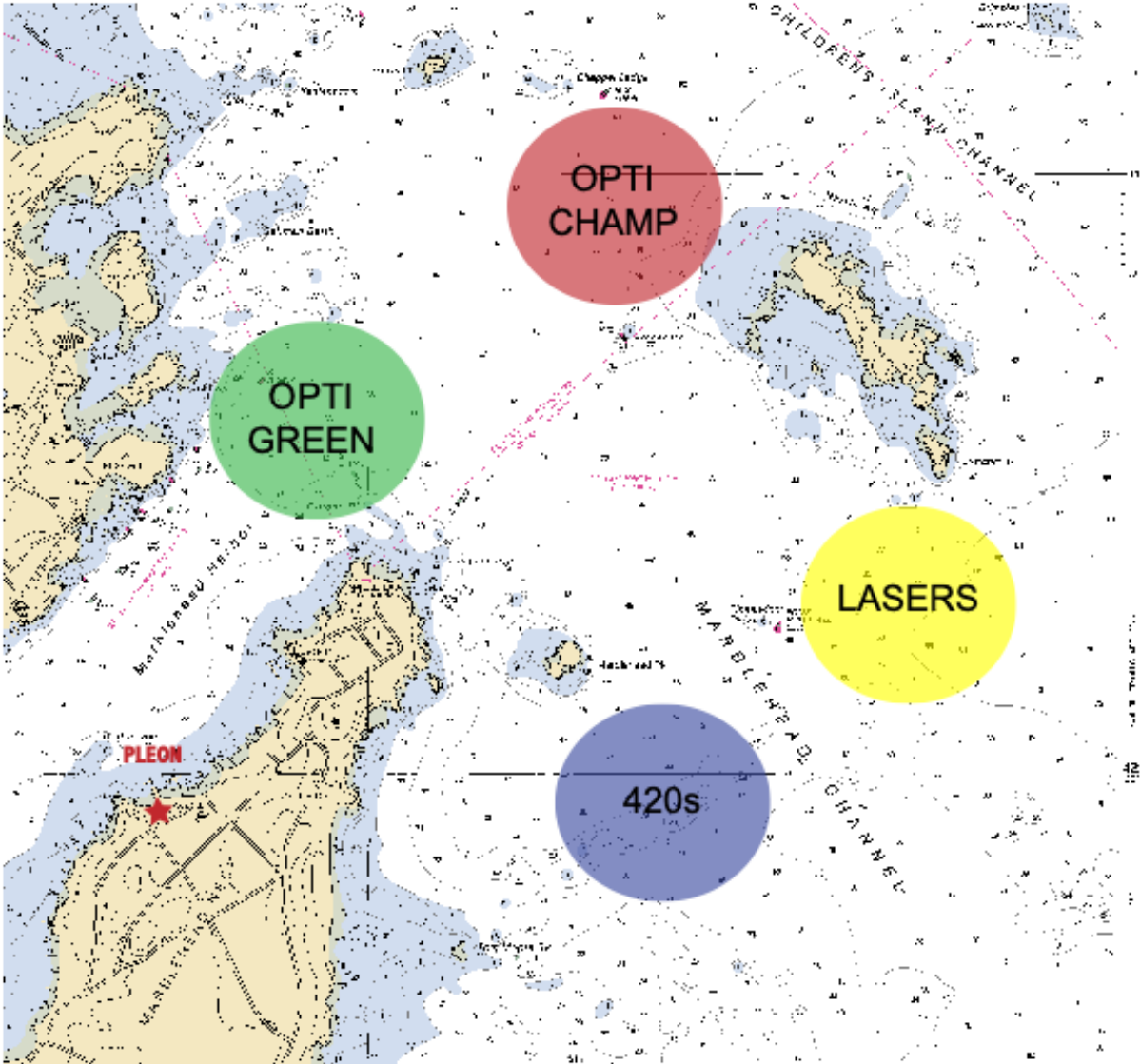
- 27.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

28 HOUSING

- 28.1 For a list of local Inns and B&B's visit, <https://discovermhd.com> . Extended groups, teams, or families may secure local dorm housing at Salem State University. Scott Stanton, Senior Director Continuous Improvement scott.stanton@salemstate.edu or 978-542-3004. Reservations need to be secured by July 7, 2023.

MJRW Regatta Co-Chairs Marine Regnault Stoel and Jim Da Silva: jrw@pleon.org

General Racing Area Locations



Not for navigational use

MARBLEHEAD JUNIOR RACE WEEK 2023 NoR/SIs ADDENDUM B



Marblehead Junior Race Week Course Descriptions

